



Northwest-Grown Sweet Cherries Land on *The New York Times*’ List of “26 Best Dishes Across the U.S.”



Pull out your pitters and dust off your favorite cherry recipes because sweet cherry season is here!

Northwest-grown sweet cherries are the darlings of summertime cuisine. Last summer, sweet cherries took center stage at Sugarpine Drive-In, Oregon’s premier destination drive-in restaurant. The exclusive menu included Cherries Jubilee Sundae, which made *The New York Times*’ roundup of the top 26 dishes in America!

MAKE THESE SUMMERTIME CHERRY TREATS AT HOME

Click for the full recipes



Abundance of Sweet Cherries!

Northwest-grown sweet cherries are en route! The 2025 growing conditions couldn’t have been better, creating an excellent-sized and high-quality crop. Sweet Northwest cherry harvest began on June 1. Keep your eyes peeled – those dark, mouthwatering sweet cherries are on their way and expected to hit grocery shelves nationwide by mid-June.



“SWEET CHERRIES HAVE A SHORT FRESH SEASON, TYPICALLY FROM JUNE TO AUGUST. SO I LIKE TO STOCK UP WHILE I CAN TO SAVOR THEM A LITTLE LONGER. I PRESERVE THEM BY FREEZING OR CANNING THE PITTED FRUIT, MAKING JAM OR EVEN PICKLING THEM.”
- Jaclyn London, MS, RD, CDN

Healthy Summer Superfruit

Northwest-grown sweet cherries are packed with polyphenols, vitamins, minerals and bioactive compounds that offer a variety of anti-inflammatory and antioxidant properties. From aiding sleep and decreasing oxidative stress, this superfruit may also reduce the risk of chronic diseases, including heart disease, cancer, diabetes and more. Sweet cherries are versatile and can be enjoyed fresh by the handful, in a sweet treat with a healthy twist, or as a flavorful complement in savory dishes..

Northwest Cherries x Healthy Family Project

Northwest Cherries is an official partner of Healthy Family Project’s Mission for Nutrition! Looking for nutrition resources, produce tips and healthy recipes? [Visit the website here](#) to explore anything and everything about healthy food! For resources to use in stores, schools or wherever you promote nutrition education, make sure to sign up for the 2025 Mission for Nutrition Kit [here](#).



WIN THE FRESHEST DELIVERY OF NORTHWEST-GROWN SWEET CHERRIES

Did you know that sweet cherries boast a lower glycemic index than almost any other fruit? Click the box below to test your sweet cherries knowledge for a chance to win a delivery of this sweet, juicy and healthy summer treat.

CLICK FOR THE QUIZ

For the latest on this year’s **CHERRY HARVEST, NEW CHERRY RECIPES, FUN GIVEAWAYS AND OTHER NEWS,** follow us on

